Salvage endoscopic wide-field full-thickness resection of T2 rectal cancer with endoscopic submucosal dissection instruments, without defect closure

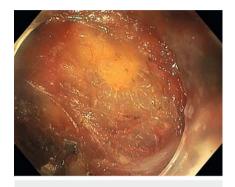




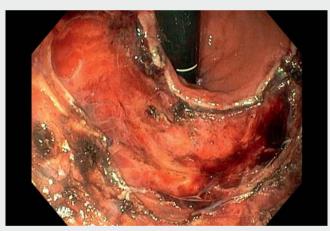
▶ Fig. 1 A 4-cm tumor of the lower rectum.



▶ Fig. 2 Circumferential mucosal incision.



► Fig. 3 Circumferential full thickness incision.



▶ Video 1 Salvage endoscopic wide-field full-thickness resection of T2 rectal cancer with endoscopic submucosal dissection instruments, without defect closure.



A 86-year-old woman was referred for recurrent bleeding secondary to a 4-cm cT2N0 cancer of the distal rectum (> Fig. 1). Tumor staging was negative for metastasis. She had a history of severe aortic stenosis and atrial fibrillation under anticoagulants, making her a poor candidate for surgical treatment by total mesorectal excision. After a multidisciplinary approach and informed patient consent, we performed a palliative endoscopic resection of the tumor by means of

endoscopic submucosal techniques under propofol sedation ▶ (Video 1). After circumferential muscular incision (► Fig. 2, ► Fig. 3), the specimen was progressively dissected from the perirectal fat using a square tip endoscopic submucosal dissection (ESD) knife (Square-Knife, Endoaccess, Garbsen, Germany) in spray coagulation mode (Effect 3.0, VIO3, ERBE, Tübingen, Germany). Large perirectal vessels were coagulated with hot biopsy forceps. No major bleeding



Fig. 4 Perirectal space.



► Fig. 5 Resected specimen.

was encountered. At the end of the procedure, which lasted 80 minutes, the hemi-circumferential wall defect was left open (► Fig. 4, ► Fig. 5), since this approach has been demonstrated to be safe after surgical local resections [1]. The patient received broad spectrum antibiotics and a liquid diet for 1 week. She was hospitalized for 2 days and had an uneventful recovery. Endoscopy 1 month later confirmed complete wound healing and the patient received local radiotherapy. At 2 years of endoscopic and radiologic follow-up, she remains asymptomatic without evidence of local recurrence or distal metastasis on imaging and endoscopy

In conclusion, we presented an endoscopic salvage resection of a symptomatic T2 rectal cancer in a patient who was a poor candidate for transabdominal surgery. Local excision is an acceptable treatment for T1N0 early rectal cancer, however there is limited data for high-risk T1 and T2 tumors [2,3]. In a meta-analysis, pT1/pT2 rectal cancers treated with local excision and adjuvant (chemo)radiotherapy were associated with a 14% local recurrence rate and 9% distant recurrence [4]. Although this approach cannot be generalized, we demonstrated the feasibility of endoscopic excision in highly selected cases.

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Competing interests

The authors declare that they have no conflict of interest.

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